You Can Change Your DNA and Reinvent Yourself

Scientifically, DNA change is a proven reality in the controlled environment of the science laboratory. Change in the real world or where you live is not in a controlled environment and has human influences.

DNA will change with a positive scientific thought and reverse with a negative human thought. What I am saying is, “A fix” has human factors that will reverse the fix. The saying, “If you, with human experience, fix the fix the Creator has fixed for you then the Creator will have to fix your fix for His fix to work.”

Or, don’t add or take away from the designer’s program with human interference. It will be a temptation to say, “I have tried changing my thoughts to fit the scientific approach but I didn’t see any results.”

BIG MISTAKE!!!

It is important to “Believe” the facts and not what you feel or think. Nothing is impossible by believing. Believing it will work or believing it hasn’t worked yet; both thoughts are right.

Separate the two or “Not worked yet” will be the final results.

Stress is a direct result of changing DNA cells to a negative condition by negative emotions.

Let’s proceed to the scientific world with the thought, “I will succeed and agree with the Creator’s plan.”

When we are born, the deoxyribonucleic acid/DNA in our bodies contains the blueprints for who we are and instructions for who we will become. For example, it can tell our eyes to eventually turn from blue at birth to hazel later on, our length to grow from 20 inches to 70 and direct a multitude of other changes over the course of our lives.

One natural law, “Aging starts when our pituitary gland stops producing HGH, human growth hormones.” Remember the song from the 60’s, “I'll Never Grow Old.” This song had about 12 add-ons that gave the reason for not growing old.

The add-ons missed the one that will work, “Keep your pituitary gland working by your thoughts.”

Many people have mistakenly believed that the DNA with which we are born is the sole determinant for who we are and will become, but scientists have understood for decades that this genetic determinism is a flawed theory.

The Creator spoke through an ancient prophet 2800 years ago, “As a man thinks in his heart, so is he.”

It took science 2800 years to catch-up with the Creator’s original design for mankind.

Epigenetics:

The field of epigenetics refers to the science that studies how the development, functioning and evolution of biological systems are influenced by forces operating outside the DNA sequence, including intracellular, environmental and energetic influences. Energetic influences are, “Thinking and speaking.”

This is not a theory but a tested scientific fact and it is provable with a negative approach. I have heard that 85% of hospital beds are occupied because of “Stress.” It is no secret that mental “Stress” is self-inflicted, first by thinking fear and followed by speaking the fear.

Medical science has discovered a way to treat sickness and disease without pharmaceuticals or surgery. A simple “three word method” that has been considered as “Snake Oil” huckstered by witch doctors or Circus vendors.

The words, “Mind over Matter” are a summary of, “Epigenetics, bio-photons and pseudo-genes.”

My personal experience, raised as a Christian Scientist, made the theory of “Mind over Matter” a fact for me. I never saw a doctor or had any medicine until I was 18, when a Navy doctor in WW II, gave me a shot in my arm. I am 86 now and don’t take any pharmaceutical and see my physician only to have him say, “Chuck, whatever you are doing, keep it up.” I developed skin cancer by being exposed to poisonous chemicals when I

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1 Proverbs 23:7a
was a contractor and see my dermatologist three times a year and take skin treatment drugs. However, I am really excited about the new scientific discoveries that are going to totally remove skin cancer cells, when I apply the new scientific methods.

I believe it is time to introduce another component pertaining to life that has received much negative marketing. Please, don't turn me off until I have finished. The Creator is a Spirit and "Quantum Physics" or sub-atomic science has proven that the seen world was created by the unseen world or everything in the universe created was created by spoken words. This should make an impression that the Creator has significant value and follows, "What the Creator said and did is also significant."

The character and nature of the Creator was perverted by religion and especially the Christian religion for financial gain and power. Therefore, please be willing to set aside or ignore anything you have heard about the Creator that is Christian based. The Creator's nature and character is love and this is a precursor of all of the Creator's actions towards mankind. The mere definition of love is an indication that "Love" cannot act apart from love. 4000 years into mankind’s actions and reactions, the Creator came to the conclusion that mankind needs help. Imagine you have kicked over an ant hill accidently and wanted to tell the ants you were sorry. Unless you became an ant, you would not be able to communicate with the ants. That is exactly what the Creator did; He became a human and lived on planet earth for 33 years. By now you have concluded, the Creator is God and His human part that visited earth was His Son, Jesus. Mankind may have numerous thoughts about God and even blame the world’s condition on Him. The facts are, “Mankind, not God, has sovereignty on earth" and the world’s condition is man’s responsibility. We have now come “full circle” concluding that God has given mankind many medically proven scientific laws that when applied give man authority to change his DNA and re-invent himself.

God said, “As a man thinks so is he.” 2 “Life and death are in the power of the tongue.” 3 “Faith is the substance of things hoped for and the evidence of things not seen.” 4 Faith is not an adjective describing an amount necessary to implement the laws of creation or persuade God to do His will. Good health is God's will. Faith is knowledge that the laws of creation exist and when applied the expected results happen. It is like performing an experiment that has already been proven.

NBC can remove, “Under God” in the Pledge of Allegiance at the US Open and atheists can deny His identity and that is the same as the “Flat World Society” denying the world was round—“IT DIDN'T MAKE IT FLAT.”

Let’s proceed, using the Creator’s scientific medical laws to make life healthy and immortal. Incidentally, “The Holy Grail” has been the object of innumerable searches for centuries. The Holy Grail was believed to be a “Golden Chalice” that was used at the “Last Supper” attended by Jesus and his twelve disciples. When in fact, it wasn't a chalice; the Holy Grail is another of the Creator’s design when He sent Jesus to earth. “But is now made manifest by the appearing of our Savior Jesus Christ, who has abolished death, and hath brought life and immortality to light through the gospel.” 5

Epi-geneticis, Since the 1950s scientists have accepted that epigenetic influence is critical in our development. Epi – Greek for "besides" – combines with the word, genetics, to essentially mean genetic is "something more" and is widely held today to refer to our environment – thus meaning "something more" than our genetic code and the environment in which we develop determine who and what we are.

Researchers have shown through studies that epigenetics entails even more than DNA and the places where we live, the climate around us and all the twists, turns and hard knocks of our lives.

Heart Math deems integral elements of the model for who we are and what we can be are the thoughts, feelings and intentions we have every day. After two decades of studies, Heart Math researchers say other

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2 Proverbs 23:7a
3 Proverbs 18:21
4 Hebrews 11:1
5 II Timothy 1:10
factors such as the appreciation and love we have for someone or the anger and anxiety we feel also influence and can alter the outcomes of each individual’s DNA blueprint.

The same ancient prophet who spoke about, “As a man thinks, so is he” added a powerful comment, “Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.” ⁶ That literally can mean, “Some commit suicide with the words they speak.”

Stem cell biologist and bestselling author Bruce Lipton, Ph.D., says the distinction between genetic determinism and epigenetics is important.

“The difference between these two is significant because this fundamental belief called genetic determinism literally means that our lives, which are defined as our physical, physiological and emotional behavioral traits, are controlled by the genetic code,” Lipton said in an interview with the online magazine, “Super Consciousness.” “This kind of belief system provides a visual picture of people being victims, committing suicide with their negative thoughts and words. If the genes control our life function, then our lives are being controlled by things outside of our ability to change them. This leads to victimization that the illnesses and diseases that run in families are propagated through the passing of genes associated with those attributes. Laboratory evidence shows this is not true.”

The Creator spoke through His Son and said, “Being forgiven and being healed are the same.”

For is it easier, to say, Thy sins be forgiven thee; or to say, Arise, and walk? ⁷

The hidden, forgotten or not wanting to think about agenda is the most destructive sub-conscious influence on DNA is, “Forgiving Oneself.” This is only possible by knowing and believing, “Who I Am” I am a son of God and all of my sins were unilaterally expiated by Jesus. Read, “New Understandings— Means New Thoughts” on the “Who Am I?” page, www.illuminati-one.com

A Steady Diet of Significant Nutrients and Emotions is essential to maximize living. There are only two basic emotions, “Love and fear.” Fear is not the opposite of love; it is the absence of love. In reality, fear and love cannot coexist. “When we have negative emotions such as anger, anxiety, fear and dislike or hate, or think negative thoughts such as “I hate my job,” “I don’t like so and so” or “Who does he think he is?” We experience fear causing stress and our energy reserves are redirected.” The Creator anticipated man’s short comings in this arena and provided the only solution, “Perfect love casts out fear.” ⁸ Notice, “Perfect love” means you emulate the Creator—God you believe. Perfect Love emanates from one who believes in a God who never acts apart from love or to make it simple a God who never would punish anyone for anything in the mythical location, called “Hell.”

“Our bodies contain two categories of genes that allow cancer to flourish: oncogenes, and tumor suppressor genes. When someone has cancer, they have a higher level of oncogenes switched on, with a higher level tumor suppressor genes switched off.

The goal is to tell the body to both switch back on the tumor suppressor genes, and turn off as many oncogenes as possible.”

While other gene targeting cancer drugs now exist, they’re only capable of targeting a small number of specific cancer genes. Anti-neoplastons, on the other hand, targets a wide spectrum of cancer genes—about 100 of them at once. In a very simplistic way, anti-neoplastons are to cancer what a broad-spectrum antibiotic is to infectious disease. www.burzynskimovie.com A doctor in Houston, TX has a simple formula that cures cancer. The FDA has indicted him nine times for having a cure and sending it outside of Texas. ???????????

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⁶ Proverbs 18:21
⁷ Matthew 9:5
⁸ I John 4:18
"Current approaches to combat cancer rely primarily on the use of chemicals and radiation, which are themselves carcinogenic and may promote recurrences and the development of metastatic disease." A Steady Diet of Quantum Nutrients "In contrast." When we activate the power of our hearts’ commitment and intentionally have sincere feelings such as appreciation, care and love, we allow our hearts’ electrical energy to work for us.

Consciously choosing a core heart feeling over a negative one means instead of the drain and damage stress causes to our bodies’ systems, we are renewed mentally, physically and emotionally. The more we do this the better we’re able to ward off stress and energy drains in the future. Heartfelt positive feelings fortify our energy systems and nourish the body at the cellular level.

At Heart Math these are called, “emotions quantum nutrients.” Read again, Love vs. Fear on preceding page, paragraph 6

In simple terms most people can relate to, what this means is that when we are having a bad day, going through a rough period such as dealing with the sickness of a loved one or coping with financial troubles, we can actually influence our bodies – all the way down to the cellular level – by intentionally thinking positive thoughts and focusing on positive emotions.

Changing DNA Through Intention-----The power of intentional thoughts and emotions goes beyond theory at the Institute of HeartMath. In a study, researchers have tested this idea and proven its veracity.

HeartMath researchers have gone so far as to show that physical aspects of DNA strands could be influenced by human intention. The article, Modulation of DNA Conformation by Heart-Focused Intention – McCraty, Atkinson, Tomasino, 2003 – describes experiments that achieved such results.

For example, an individual holding three DNA samples was directed to generate heart coherence – a beneficial state of mental, emotional and physical balance and harmony – with the aid of a HeartMath technique that utilizes heart breathing and intentional positive emotions.

The individual succeeded, as instructed, to intentionally and simultaneously unwind two of the DNA samples to different extents and leave the third unchanged.

"The results provide experimental evidence to support the hypothesis that aspects of the DNA molecule can be altered through intentionality," the article states. "The data indicate that when individuals are in a heart-focused, loving state and in a more coherent mode of physiological functioning, they have a greater ability to alter the conformation of DNA.

"Individuals capable of generating high ratios of heart coherence were able to alter DNA conformation according to their intention. ... Control group participants showed low ratios of heart coherence and were unable to intentionally alter the conformation of DNA."

Heart Intelligence, the Unifying Factor----Heart Intelligence is God’s design for the human spirit to control the flesh of man. Spirit control rather than ego control. 9 The influence or control individuals can have on their DNA – who and what they are and will become – is further illuminated in HeartMath founder Doc Childre’s theory of heart intelligence. Childre postulates that "an energetic connection or coupling of information" occurs between the DNA in cells and higher dimensional structures – the higher self or spirit.

Again, as God said, “As a man thinks, so is he.”

Childre further postulates, according to the Modulation of DNA article, "The heart serves as a key access point through which information originating in the higher dimensional structures is coupled into the physical human system (including DNA), and that states of heart coherence generated through experiencing heartfelt positive emotions increase this coupling."

Heart Intelligence---The heart, which generates a much stronger electromagnetic field than the brain’s, provides the energetic field that binds together the higher dimensional structures and the body’s many systems as well as its DNA.

9 Genesis 1:26
HeartMath Institute is in Boulder Creek, CA